

## COLLEGIATE MINISTRIES

# Virginia State University Ministry Feeds Bodies and Souls

Feeding needy neighbors is an important part of the outreach mission of the United Campus Ministry FLOW Wesley Foundation at Virginia State University (VSU).

In addition to continuing to assist the Chesterfield County Food Bank with distributing groceries, students have begun serving meals at the Downtown Churches United Hope Center in Petersburg and the Totty House in Ettrick.

New initiatives, such as weekly prayer gatherings and monthly fasts, give students fresh ways to be involved in their faith and their community.

“We also have new student ministries including Pinky Promise led by junior Jneva Norfleet and the Men of Troy led by VSU sophomore Calvin Redmond,” shared Rev. Delano Douglas, campus ministry director.

Named FLOW for its emphasis on faith, love, outreach, and worship, the program has an average of 118 students attend worship services at nearby Ettrick United Methodist Church each Sunday afternoon.



A student helps prepare meals through a FLOW outreach ministry.



VSU students distribute groceries to Ettrick residents on Saturday mornings.

To learn more about VSU's FLOW ministry and how you or your congregation can support it, visit [facebook.com/UCMFLOW](https://facebook.com/UCMFLOW) or [vsu.edu/student-life/student-activities/campus-ministry](https://vsu.edu/student-life/student-activities/campus-ministry).